

## ABOUT CATHERINE FULVIO:

Catherine Fulvio is one of Ireland's most celebrated female chefs, and this is affirmed by her many diverse roles from educator to female entrepreneur.

First and foremost she is third generation at Ballyknocken House & Cookery School in Co. Wicklow where she hosts a broad range of cookery classes for the general public, corporate and team building events. She is delighted to be **brand ambassador for Whirlpool and uses Whirlpool cooking appliances** in her cookery school and her home.

Born and raised on a working farm, Catherine has an inherent knowledge and understanding of food and cherishes the land and its produce and as a result she is an ardent supporter of fresh local produce and her Irish blood and her Italian heart is a winning combination. She has firmly established herself as a familiar face on TV screens both at home and abroad and is delighted to announce her latest TV series, 'Tastes Like Home' currently airing on RTE 1 (Friday 7.30pm) and is just off air from series two of Lords & Ladles. She is food writer for the RTE Guide and author of six cookbooks, including cookbook of the year 2012, Eat Like an Italian, her most recent cookbook, 'Taste of Home', is her most personal and is Catherine's food story from Ballyknocken House & Cookery School.

Catherine plays an important role in nurturing and educating the next generation on food and food production related issues. She has worked with the Stop Food Waste campaign, Bord Bia and Failte Ireland extensively over the years. She has partnered with the Irish Heart Foundation and the Healthy Towns initiative campaign since 2012 and has welcomed high profile guests coming through the door over the years with JB Gill from former boy band JLS visiting the cookery school after a brief meeting him on set at Saturday Kitchen.

Catherine's ethos is eat well be well and she loves combining modern Irish food with farm-to-fork principles taking traditional Irish recipes and giving them her own twist to reflect the abundance of ingredients available on her doorstep. She is delighted to create fresh new recipes and videos to showcase the innovative features of the **Whirlpool** cooking appliances.

You can follow Catherine for her latest twips on twitter ([@cfulvio](#)), Facebook (Catherine Fulvio) or on her website [www.catherinefulvio.com](http://www.catherinefulvio.com) or visit [www.ballyknocken.com](http://www.ballyknocken.com)

